

**Bridges to Wellbeing, LLC**

Kathleen M. Wong, M.D, PLLC

Last: \_\_\_\_\_ First: \_\_\_\_\_ M.I.: \_\_\_\_\_ D.O.B: \_\_\_\_\_ SS #: \_\_\_\_\_

Street: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Place of Employment: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Bus/Cell: \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

Marital Status: Married \_\_\_\_\_ Single \_\_\_\_\_ Widowed \_\_\_\_\_ Divorced \_\_\_\_\_ Domestic Partnership \_\_\_\_\_

Who is responsible for payment of bill? \_\_\_\_\_ Relationship: \_\_\_\_\_

Address of responsible party: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Responsible parties phone (with area code): \_\_\_\_\_

Responsible parties SS #: \_\_\_\_\_

Who is to be notified in case of emergency: \_\_\_\_\_ Relationship \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Emergency contacts phone #: \_\_\_\_\_

Name of Insurance Company? \_\_\_\_\_ Member ID: \_\_\_\_\_

Group Number: \_\_\_\_\_ Phone Number (area code included): \_\_\_\_\_

Name of Insured: \_\_\_\_\_ Insured's Social Security Number: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_

I have read office policies and HIPAA Rules:

Signature \_\_\_\_\_

Date: \_\_\_\_\_

I authorize the release of medical information to my insurance company to process claims

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

I authorize Insurance to make payment to Kathleen M. Wong, M.D.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# **Bridges to Wellbeing, LLC**

Kathleen M. Wong, M.D. PLLC

## **Consent to treat and professional Disclosure**

### **Consent**

I hereby give my consent for me (or my child) to receive psychological services from **Kathleen Wong, MD, PLLC**. I understand that I am free to terminate services at any time.

### **Confidentiality**

I understand that the information I provide is confidential and, in general, will be released to others only by my written consent (or the written consent of the custodial parent in the case of a minor child). Mental health providers are mandated by law to report when a person is **(1)** and imminent danger to him/herself or to others, **(2)** and instances of abuse. Courts, legal proceedings, insurance and billing services may also require information with in the normal limits of standard practices. All of our providers are licensed in their respective areas of expertise and adhere to their professional code of ethics.

### **Contact Emergency**

I understand that most questions and concerns will be addressed in session. In the event of an emergency, I should call 911 or proceed to the nearest hospital emergency room.

\_\_\_\_\_  
Print Name of Patient

\_\_\_\_\_  
Signature of patient or  
Parent/Guardian (if minor child)

## **Return Check Policy**

Please be advised that a **\$35.00** fee will be charged for all returned checks.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# Bridges to Wellbeing, LLC

Kathleen M. Wong, M.D. PLLC

## Authorization to Individuals

This release authorizes our clinicians and staff to communicate with individuals such as family members. Due to HIPAA regulations, if their name is not listed below we will not be able to speak with them.

I give all therapist and professional staff associated with **Bridges to Wellbeing** permission to disclose the private health information set forth below to the following people at the request of one or more of these individuals/

The specific information these persons may receive are as follows:

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**Name (please print)**

**Relationship**

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I understand that **Bridges to Wellbeing** will not release any information to any person(s) not listed above.

In addition, I understand and/or acknowledge that I have the right to revoke this authorization at any time by giving **Bridges to Wellbeing** a written notice. I understand that this release will expire one (1) year from the date below unless written notice is given.

Patient Name: \_\_\_\_\_  
Please Print

Date of Birth: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

In the event the Authorization is being executed by a personal representative, parent/guardian, please print your name and relationship to the patient.

# Kathleen M. Wong, M.D., PLLC

Bridges to Wellbeing, LLC

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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

DOB: \_\_\_\_\_ SSN: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

Religion: (1) Protestant (2) Roman Catholic (3) Jewish (4) Baptist (5) None (6) Other Active or Inactive

Present Marital Status: (1) Never Married (2) Married (3) Remarried (4) Separated (5) Divorced  
(6) Annulled (7) Widow(ed)

Household Composition: (1) Live Alone (2) With Spouse (3) With Children (4) With Parents (5) Brother  
(6) Sister (6) Other Relations

Referral Source: \_\_\_\_\_

Time of Last Psychiatric Visit or Counseling Service: (1) No Prior (2) Within last 7 days (3) last 30 days  
(4) Within last 6 months (5) Within last year (6) Over one Year Was Treatment Inpatient or Outpatient

Where or with whom: \_\_\_\_\_ Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Office Number: \_\_\_\_\_

Have you taken Tranquilizers, Sleeping Pills or Antidepressants? \_\_\_\_\_

Family Doctor (Name and Address): \_\_\_\_\_

What is your present state of Health? \_\_\_\_\_

When did you have your last Physical Check-up? \_\_\_\_\_ By Whom? \_\_\_\_\_

## Family History

Fathers Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Is he still alive? \_\_\_\_\_ Is she still alive? \_\_\_\_\_

If so, how is his health? \_\_\_\_\_ If so, How is her health? \_\_\_\_\_

Present age: \_\_\_\_\_ Present age? \_\_\_\_\_

If deceased, cause? \_\_\_\_\_ If deceased, cause: \_\_\_\_\_

Date of death? \_\_\_\_\_ Date of death: \_\_\_\_\_

## Brother(s) and/or Sister(s)

Name	Age	Occupation	Health	If deceased, cause.
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_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

What is your Numerical Order in Family (i.e. First born, middle etc.....): \_\_\_\_\_

**Education**

Circle the highest grade you completed in school: ELEMENTARY: 1 2 3 4 5 6 7 8

High School: 1 2 3 4 College: 1 2 3 4 \_\_\_\_\_ Other: \_\_\_\_\_

Name of last School attended: \_\_\_\_\_ Degree Received: \_\_\_\_\_

**Military History**

Branch Served In: \_\_\_\_\_ Dates Served: \_\_\_\_\_

Type of Discharge: \_\_\_\_\_

**Occupational History**

Present Position: \_\_\_\_\_ Previous Positions: \_\_\_\_\_

\_\_\_\_\_

**Hobbies and Interests**

\_\_\_\_\_

\_\_\_\_\_

**Marital History**

Name of Spouse: \_\_\_\_\_ Age: \_\_\_\_\_ Date Married: \_\_\_\_\_

Occupation of Spouse: \_\_\_\_\_ Other Marriages: \_\_\_\_\_

**Children**

Name	Age	Sex	Living at home	Occupation	Marital Status	Health
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

What medical illnesses or operations have you had and when? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What medication(s) are you currently taking and what strength? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you have any allergies? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please check the following that apply to you or any relative you are aware of

	You	Relative	Relationship	Was treatment required
Depression				
Manic Depression				
Schizophrenia				
Hallucinations				
Alcohol				
Drug Abuse				
Severe Anxiety				
Phobias				
Bulimia				
Anorexia Nervosa				
Suicide Attempts				
Suicide				
Sexual Abuse				
Caffeine Intake Daily				
Tobacco Use Daily				
Convulsions/Seizures				
Other				

Please check any of the following that applies to you.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sleep                | <input type="checkbox"/> Appetite        | <input type="checkbox"/> Elation (feeling on top of the world) |
| <input type="checkbox"/> Increased talking    | <input type="checkbox"/> Energy level    | <input type="checkbox"/> Racing thoughts                       |
| <input type="checkbox"/> Concentration        | <input type="checkbox"/> Poor judgment   | <input type="checkbox"/> Memory                                |
| <input type="checkbox"/> Sadness              | <input type="checkbox"/> Racing Heart    | <input type="checkbox"/> Irritability                          |
| <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Sweats/Chills   | <input type="checkbox"/> Non-enjoyment of usual activities     |
| <input type="checkbox"/> Hopelessness         | <input type="checkbox"/> Guilt           | <input type="checkbox"/> Numbness/tingling in fingers or legs  |
| <input type="checkbox"/> Lightheadedness      | <input type="checkbox"/> Fears of dying  | <input type="checkbox"/> Fears of going crazy                  |
| <input type="checkbox"/> Chest discomfort     | <input type="checkbox"/> Excessive worry | <input type="checkbox"/> Compulsive behavior                   |